

RESET RETREAT PACKING LIST

Here is what you **CAN/SHOULD** bring

BRING YOUR BIBLE (If your student needs a Bible please let me know and I'll make sure to get them one he/she can keep!)

Clothing:

- Clothing for outside (playing in the snow and cold weather)
- Pajamas and clothes to relax in inside. (modest clothing, please use discretion)
- Gym clothes for recreational games inside

Personal Toiletries:

- Toothbrush / Toothpaste
- Soap / Shampoo
- Towel

Bedding

- Sleeping bag / covers / sheets / pillow (etc.)

Optional Misc. Items (examples)

- Money (food is included, but there are times they can buy snacks/drinks if they want)
- Extra shoes in case they get wet/muddy
- Small table games to do during free time

Here is what you **CAN NOT** bring

- Firearms (Airsoft guns, BB guns, paintball markers, rifles, shotguns, handguns, etc.)
- Fireworks (firecrackers, bottle rockets, etc.)
- Controlled Substances (Alcohol, tobacco products, illegal drugs, drug paraphernalia, vapes or juuls etc.)
- Clothing with potentially offensive slogans or topics depicted on them.
- Clothing that is tight fitting, immodest, and/or exposes undergarments.

Release that was signed:

I, the parent or legal guardian of the participant(s) previously named, hereby grant permission for my child(ren) to participate in activities organized by South Apalachin Baptist Church during the "Reset Retreat."

In consideration of his/her/their participation in these activities, I acknowledge and agree to the following:

Assumption of Risk: I understand that participation in youth group activities during the "Reset Retreat" involves certain risks, including but not limited to, accidents, injuries, or illnesses. I acknowledge that I am aware of these risks and accept full responsibility for any injuries or damages that may occur as a result of my child's participation.

Health and Medical Information: I certify that my child is in good health and able to participate in the activities planned by the LOFT Youth Group during the "Reset Retreat." I agree to provide emergency contact information, and I authorize any necessary medical treatment in case of an emergency, including hospitalization, anesthesia, surgery, or other medical procedures.

Transportation: I grant permission for my child to be transported to and from youth group activities during the "Reset Retreat" using authorized transportation provided by the church or its volunteers.

Behavior and Conduct: I understand that my child is expected to adhere to all rules and guidelines established by the LOFT Youth Group leaders during the "Reset Retreat." I also agree to accept financial responsibility for any damage or misconduct caused by my child during these activities.

Media Release: I grant South Apalachin Baptist Church permission to use photographs, videos, or recordings of my child during the "Reset Retreat" for promotional or educational purposes, both online and in print.

Release and Waiver of Liability: I release and discharge South Apalachin Baptist Church, its leaders, volunteers, and representatives from any liability for any claims, demands, actions, or causes of action arising out of or in connection with my child's participation in youth group activities during the "Reset Retreat."